

BACK TO THE BASICS

"Caring People for Peop

We would like to introduce our unique home care services company to you and yours. *Back to the Basics Home Care Services* is a family owned and operated agency. We are licensed (#012344) by the Texas Department of Aging and Disability Services and we are insured and bonded. We are native Texans and have lived, worked and raised our family in Williamson County over the past 25 years. We use the "basic" lessons, natural essentials and wise practices of yesteryear and intertwine them productively with our business practices of today. Hence the "Back to the Basics" in our name. We know and understand how important it is to be able to trust and communicate openly with the individuals you work closely with on a daily basis, especially when it comes to your loved ones.

We bring quality care and companionship to the injured, the ill, the shut-in, the disabled, the hurting, the elderly, or to those who just need a helping hand around the home through an array of non-medical, in-house support services to those wanting to live independently in their own homes and communities. We will work in Partnership with you and your Doctors, Therapists, Dieticians etc... to ensure that you are properly and diligently following your prescribed "health" orders and duties. If your doctors' orders are for you to exercise more frequently - we can be your "Exercise Buddy"! Studies have shown that we all have a better chance of success with diets and exercise if we have a "Buddy System" in place with diligent follow through and practices.

Often times our friends and clients want to be able to continue the activities, at home, that have provided them with so much joy in their lives. For example; some of our rural clients have wanted to continue to live on their farms, but just cannot care for their animals or perhaps garden the way they once did. This is where we come in; we can help with all of that. We bring the care and expertise that allows individuals to continue with those worthwhile hobbies and activities of choice.

Please check out our website for a list of our varied services. Visit www.basicshomecare.com or call us at (512) 819-0022 with any questions or concerns. We want to be of service to you. We would be honored in assisting you and yours with any project or personal support services you might need at this time. Give us a call today or come by and see us at 7600 SH 29 Suite #8 – even if it is just to chat.

We are dedicated to the philosophy that anyone who can or wants to, should remain and be cared for in their own homes for as long as possible. Our Services are extremely varied, hence our company statement, “You name your need and we take care of the deed!” *Back to the Basics Home Care Services* provides the below listed services (just to name a few) in the following categories; Personal Care Services, Homemaker Services, Companion/Sitter Services, Respite Services, Friendly Reassurance Services and Licensed Handyman and Chore Services:

- Companionship and conversation
- Prepare grocery lists and shopping
- Transportation – long distance trips too
- Supervise home maintenance
- Light housekeeping
- Oversee home deliveries
- Meal preparations & planning
- Coordinate or perform lawn care
- Errand running (prescription pick-up etc...)
- Clip Coupons for shopping
- Organizing, shipping and reading mail
- Weather awareness
- Tutoring in various subjects
- Light exercise assistance
- Escorting to appointments
- Take and review phone messages
- Pet care assistance – “poop pick up and disposal”
- Monitor food freshness - expiration
- Letter writing and correspondence
- Mail bills and letters
- Buy newspapers, magazines, books etc...
- Rent and play VCR/DVD movies
- Entertaining (games, crafts, etc.)
- Apparel Selection and assistance
- Reminders (medication dates, etc.)
- Plan visits, outings, trips and festivities
- Walking assistance – Exercise Buddy
- Holiday buying and decorating
- Personal Care Services (Bathing, Toileting, etc...)
- Visit neighbors, friends, family, church
- Licensed Handyman Services/small house repairs
- Religious readings and discussions
- Birthday and anniversary reminders
- Maintain family scrapbooks
- Assisting in recording of family history
- Escort to lunch, dinner, lectures, plays
- Attend club meetings
- Airline departure and arrival assistance
- Organize clutter/closets, pantries, garages etc. We will haul away your unwanted items!
- Sewing Assistance
- Bird watching
- Assist with canning or preserving
- Monitor diet, eating and sleeping habits
- Discuss current historical events
- In-Home Training offered for those who need help transitioning after a serious accident or illness. We can assist students with life skills training as well.
- Personal Concierge services offered. We will organize everything from your basement to your Garage! We have even organized a many a barn!
- Farm Animal Care and Farm Chore assistance provided.
- Minor vehicle checkups in your garage by an experienced Mechanic
- On-site car wash detailing of the interior and exterior of your car
- Organic Gardening Preparation, Composting or assistance. Would you like to grow and eat your own fresh vegetables? We have created a back yard Gardening System that is portable (3'x6'). Just imagine enjoying your Gardening experience again without all of the bending over and having to be on your knees! This amazing Portable Garden is at a comfortable waist high level. We could build this in your backyard in just one day!
- Plant Care (indoor tropicals, containerized flower and/or herb gardens)
- Does your zoning allow for small laying hens? We will build and maintain a small hen house with laying boxes while caring for your hens. Just imagine fresh eggs daily!
- Transitioning from the hospital or Nursing Home Services. Readyng your home with required and needed medical equipment, safeguarding your home and more!
- Professional house, pet and plant sitting services while you are away for an extended period of time. We will take care of all the “large” and “little” details for you. Give your stress and worries to us while you are away.
- Welcome Wagon Services. If you are moving from another city or state and need assistance with the transitioning “details” or if you would like for us to show you the city and where all of the pertinent places that you will need to frequent are located... please call us today!